



QUESTIONNAIRE ON ENVIRONMENTAL SPIRITUALITY

1. How often do you pray for the environment?  
2. How often do you read about environmental issues?  
3. How often do you participate in environmental activities?  
4. How often do you donate to environmental organizations?  
5. How often do you recycle?  
6. How often do you use public transport?  
7. How often do you use energy-saving devices?  
8. How often do you use eco-friendly products?  
9. How often do you avoid single-use plastics?  
10. How often do you eat locally sourced food?  
11. How often do you eat vegetarian/vegan?  
12. How often do you water plants?  
13. How often do you clean up litter?  
14. How often do you plant trees/plants?  
15. How often do you use natural cleaning products?  
16. How often do you use reusable bags?  
17. How often do you use a water-saving showerhead?  
18. How often do you use a low-flow toilet?  
19. How often do you use a programmable thermostat?  
20. How often do you use a smart power strip?  
21. How often do you use a programmable timer for lights?  
22. How often do you use a programmable timer for the oven?  
23. How often do you use a programmable timer for the coffee maker?  
24. How often do you use a programmable timer for the water heater?  
25. How often do you use a programmable timer for the dryer?  
26. How often do you use a programmable timer for the washing machine?  
27. How often do you use a programmable timer for the microwave?  
28. How often do you use a programmable timer for the toaster?  
29. How often do you use a programmable timer for the coffee maker?  
30. How often do you use a programmable timer for the water heater?  
31. How often do you use a programmable timer for the dryer?  
32. How often do you use a programmable timer for the washing machine?  
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39. How often do you use a programmable timer for the microwave?  
40. How often do you use a programmable timer for the toaster?



















































